



# SEPTEMBER 2021

## Elementary

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**6**  
**Labor Day**

**7**  
**NO SCHOOL**

**1**

**2**

**3**

**13**  
 328 Chocolate Chip Muffin  
 749 Apple-Cherry Juice  
 647 Dole Mandarin Orange Cup  
 Pre-K: 345 Honey Scooters Cereal

**14**  
 327 Pillsbury Maple Mini Waffles  
 750 Apple Juice  
 645 Dole Pineapple Cup  
 Pre-K: 335 Banana Muffin

**8**  
 369 Pillsbury Berry Blast Mini French Toast  
 750 Apple Juice  
 659 Watermelon Craisins  
 Pre-K: 331 Corn Muffin

**9**  
 323 Apple Cinnamon Muffin  
 749 Apple-Cherry Juice  
 645 Dole Pineapple Cup  
 Pre-K: 349 Corn Chex

**10**  
 334 Cinnamon Toast Crunch Cereal  
 748 Grape Juice  
 684 Mixed Berry Applesauce  
 Pre-K: 332 Apple Cinnamon Muffin

**20**  
 323 Apple Cinnamon Muffin  
 752 Fruit Punch Juice  
 608 Dole Tropical Fruit Cup  
 Pre-K: 342 Cheerios

**21**  
 369 Pillsbury Berry Blast Mini French Toast  
 753 Orange Juice  
 658 Cherry Craisins  
 Pre-K: 339 Orange Cranberry Muffin

**15**  
 319 Orange Cranberry Muffin  
 752 Fruit Punch Juice  
 659 Watermelon Craisins  
 Pre-K: 343 Rice Chex

**16**  
 325 Cinnamon Chex Cup  
 748 Grape Juice  
 684 Mixed Berry Applesauce  
 Pre-K: 366 Blueberry Bagel

**17**  
 329 Trix Cereal Bar  
 753 Orange Juice  
 691 Strawberry Apple Crisps  
 Pre-K: 331 Corn Muffin

**27**  
 325 Cinnamon Chex Cup  
 753 Orange Juice  
 658 Cherry Craisins  
 Pre-K: 367 Cinnamon Raisin Bagel

**28**  
 328 Chocolate Chip Muffin  
 749 Apple-Cherry Juice  
 684 Mixed Berry Applesauce  
 Pre-K: 346 Cinnamon Toast Crunch Cereal

**22**  
 334 Cinnamon Toast Crunch Cereal  
 749 Apple-Cherry Juice  
 690 Apple Crisps  
 Pre-K: 367 Cinnamon Raisin Bagel

**23**  
 321 Banana Muffin  
 750 Apple Juice  
 691 Strawberry Apple Crisps  
 Pre-K: 330 Blueberry Muffin

**24**  
 329 Trix Cereal Bar  
 748 Grape Juice  
 659 Watermelon Craisins  
 Pre-K: 347 Cinnamon Chex Cereal

**29**  
 366 Blueberry Bagel  
 752 Fruit Punch Juice  
 659 Watermelon Craisins  
 Pre-K: 335 Banana Muffin

**30**  
 333 Blueberry Chex Cereal  
 748 Grape Juice  
 645 Dole Pineapple Cup  
 Pre-K: 341 Honey Bunches of Oats Cereal

**1**  
 358 Kellogg's Frosted Flakes  
 750 Apple Juice  
 690 Apple Crisps  
 Pre-K: 331 Corn Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.